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The Tiverton Senior Center

207 Canonicus Street
Tiverton, RI 02878
Telephone: 401-625-6790
Email: seniorcenter@tiverton.ri.gov



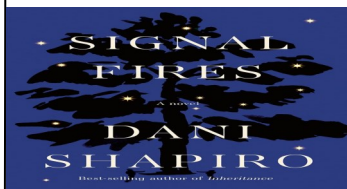
January 2025

HAPPY NEW YEAR! The Center will closed on **Wednesday, January 1st** and **Monday, January 20th** for **Martin Luther King Day**



Wonderful Winter Scenes-Thursday, January 2nd at 10:15 a.m.

Art For Your Mind is an engaging, educational, art observation experience designed to broaden the minds of its participants. Presentations are for people of all backgrounds – artists and non-artists alike. The featured topic, **Wonderful Winter Scenes**, is a selection of beautifully painted snowscapes created by well-known artists through time. Learn how Dutch masters, Impressionists, and modern painters have successfully captured the challenging subject of people and nature in winter. Join local art historian Jill Sanford for an enjoyable hour of challenging yourself to see in new ways!



BOOK GROUP— Tuesday, January 21st at 10:15 a.m.

This month's book: "Signal Fires" by Dani Shapiro

Large print books available- All are welcome

OUR TEAM:

Janet Holmes
Director

Angela DaPonte
Assistant Director

Betsy Sowin
Office Assistant

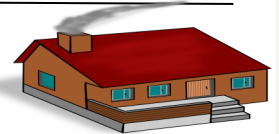
Paul, Dan & Kevin
Bus Drivers

Phil Ferreira
Maintenance

Nanci Lambert
Dining Assistant

Manny Fontes
Maintenance
Emeritus

A Representative from **LIHEAP** (Low Income Heat & Energy Assistance Program) will be in the building on **January 2nd** from 10 a.m. to 1 p.m. This program has helped people stay warm & save money. Check it out!



URI Pharmaceutical Outreach Program:

Now on the second **Monday** of the month

January 13th at 10:00 a.m.

Seizures: There are many different types of seizures depending on where they are occurring in the brain. Learn about these different types, their symptoms and treatment.



We are ever grateful to have your membership and enthusiastic support~
Wishing you **all** a Healthy & Happy 2025
~Janet, Angela & Betsy

NEW YEAR's Resolution:

PLEASE order your lunches, at least, **24 hours ahead** of time, no later than 10:45 a.m., the previous morning. Lunch begins **promptly** at 11:30 a.m. ~Don't be late! If you need to cancel, **be courteous**, and let us know as soon as possible. **Thank You!**

ACTIVITIES AT A GLANCE

TOPS – Monday at 9:00 a.m. in Game Room

Learn Ukulele with Otis-Mondays, 12:45-1:45 p.m.

Functional Fitness with Deb—Mondays & Wednesdays 9 a.m. and Fridays at 10:00

Quilting for Charity meets every Monday at 10:00-3:00 p.m.

Pitch League- Hi, Lo, Jack meets Mondays at 12:30-3 p.m.

Chair Yoga with Shirley—Tuesdays at 9 a.m. Class fee is \$3 per class.

Drums Alive! with Jessica-Tuesdays at 12:45 p.m. Class fee is \$3 per class.

Paint with Shawndavid Tuesdays 2:00-3:30 pm \$25 for 6-week session

Book Club Tuesday, January 21st at 10:15 a.m. “Signal Fires”

Mah Jongg– Tuesdays and Fridays, 10:00 a.m.-3 p.m

Wednesdays: 12:30-3 p.m. Cribbage (Game Rm)

Chorus –Wednesdays at 12:30 p.m. in the Lounge

Balance & Mobility with Jess-Thursdays at 9:00 a.m. Class fee is \$3/members

CENTER MEETING will be held on **Thursday, January 23rd at 10:15 a.m.**

TECH TIME with Kristin-Thursday, January 9th at 10 a.m. (monthly)

BINGO-Thursdays, January 9, 16, 23, 30 1:00-3:00 PM Start Promptly at 1:00 p.m.

Knitters for Charity-Thursdays at 1:00-3:00 p.m.

Zumba with Jessica—Fridays at 8:45 a.m. Fee is \$3.00 per class



**Thursdays @ 1:00 SHARP
January 9, 16, 23, 30**

CENTER MEETING

Thursday, January 23rd
10:15 a.m.

This is YOUR Center
What would you like to
see in 2025?

Suggestions appreciated

**COME ENJOY
OUR OWN
PIANO MAN,**



TECH TIME with Kristin!—**Second Thursday of the month – January 9th at 10:00 a.m.** Kristin Amaral, Technology Coordinator from the Tiverton Public Library will **help with all your technical issues, especially smart phones!**



CARE GIVER SUPPORT GROUP

Care Giver Support Group will meet on (new day)
Tuesdays, January 14th and 28th at 2:30 p.m
Facilitator: **Janet Grapentine**



**Sandy Cook—
Wednesdays,
12:30-3:00 p.m.**

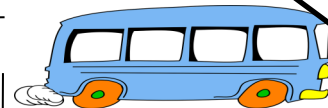
Terri Gomes from Visiting Nurse Home & Hospice will be providing blood pressure checks on Thursday, January 16th from 9:00–11:00; sign up in the office

Thank YOU to
ALL our generous
& **WONDERFUL**
Volunteers~ You
are the **HEART** of
the Tiverton
Senior Center



January 2025

Kathy Majkut	01	Judy Crawford	13
Gerrie Freitas	01	Victoria Luderer	14
Lorraine St. Laurent	01	Frances Frank	15
Carol Swinehart	01	Sue Tierney	15
Rosalie Burton	02	Eileen Cook	16
Clarence Toth	03	Nancy Weida	19
Christine Spoor	04	Dorothy Pennachi	21
Muriel Croft	06	Tina Robitaille	25
Bev Santo-Christo	07	Eleanor Mercier	26
Kathi Barry	07	Louis Soares	26
Paula Charette	09	Gerry Garant	27
Carol Olancin	12	Lucille Mendoza	27
Hilda Silva	12	David Bourque	28
		Deborah Schoonover	29
		Nanci Lambert	29



Dan & Kevin
are our temporary bus drivers while Paul recovers from shoulder surgery. Our bus service for Tiverton seniors is on Tuesdays, Wednesdays and Thursdays. (Later start of Thursdays for folks to attend BINGO). Please call 401-625-6790 to reserve your spot. Bus trips are not individualized. Shopping bags are limited to four bags per person.



